PARENT Engagement
CUSD #187 · TITLE I

Connected Campus
CAHOKIA UNIT SCHOOL DISTRICT #187

GoGuardian

The same safety tool CUSD #187 uses

FREE FOR FAMILIES

Safe online. Strong together.

Your scholar's online world doesn't stop at the school bell. With the **free GoGuardian Parent** app, offered at no cost to our families, you can see how they spend their time online, celebrate good habits, and set healthy boundaries at home.

GoGuardian: Same tool. Same team.

GoGuardian is the **same tool Cahokia Unit School District #187 uses** to help keep students safe on school devices. When you download GoGuardian Parent, you become our partner, working side by side with your student's teachers and school to keep them safe, focused, and successful online.

What GoGuardian Parent helps you do

See their online day

Review a summary and activity for the last day, 7, 14, or 30 days.

Set healthy limits

Block websites, pause the internet, and set offline schedules after school hours.

Spark real talk

Use what you see to start positive conversations about smart choices online.

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GOGUARDIAN PARENT · STEP BY STEP

Get set up in 5 easy steps

Your school has already given you access. Just grab your phone and the email on file.

1 Download the free app

Search **GoGuardian Parent** in the Apple App Store or Google Play Store, install it at no cost, and open it.

Look for this logo:

GoGuardian

2 Sign in with your email

Enter the parent/guardian email address on file with your school, then check your inbox for a verification message.

See "Sorry, the email you provided can't be verified"? Double-check the spelling. If it's correct, contact your school or district IT department to confirm your email is registered.

3 Verify your email

Open the verification email **on your phone** and tap the link to finish signing in.

Link not working? Go back to the app and enter the PIN included in the verification email.

4 Accept the terms

Scroll to the very bottom of the terms and conditions, check the box to confirm you've read them, and tap **I Agree**. The app opens to your **Your Students** page.

Button says "Read to the bottom"? Scroll all the way to the end to unlock the checkbox. Still stuck? Force-close the app, check your internet connection, or contact your school's IT department.

5 Pick your student and explore

Tap your student's name, then choose a time range:

Last Day | **Last 7 Days** | **Last 14 Days** | **Last 30 Days**

Use the bottom bar to move between tabs:

Summary | **Activity** | **Filters** | **Time Limits** | **Settings**

Good to know: The features you see depend on how your school has set things up. If enabled, Screen Time data appears here too.

Requires iOS 12 or later, or Android 5.0 or later.

Next: your GoGuardian Parent toolkit →

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GOGUARDIAN PARENT · YOUR AFTER-SCHOOL TOOLKIT

Healthy habits, set your way

GoGuardian Parent's parental controls (website filtering and internet pausing) work **only during out-of-school hours** and must be turned on by your school's administrator.

Block a website

1. Tap **Filters** in the bottom bar.
2. Tap the button to add a website.
3. Enter the domain, like **instagram.com** or **mail.google.com**.
4. Tap **Create**.

Subdomains work; wildcards don't. Changes can take up to 2 minutes. To remove a block, swipe left on it.

Pause the internet now

1. Tap **Time Limits** in the bottom bar.
2. Tap **Pause Internet** and choose how long.
3. Changed your mind? Tap **Resume Internet** anytime.

Perfect for dinner, homework, or family time.

Family tech talk

Use the app as a conversation starter, not just a checkpoint. Try asking:

- "What's something cool you learned online this week?"
- "Which sites help you do your best work?"
- "What would you do if something online felt wrong?"

Set an offline schedule

1. Tap **Time Limits**, then **Add Schedule**.
2. Pick the day(s) of the week.
3. Set the start and end offline times.
4. Tap **Create**.

Bedtime tip: For schedules past midnight, make two rules, for example 9:00 PM–12:00 AM and 12:00 AM–7:00 AM.

With GoGuardian, we're in this together, at school and at home.

GoGuardian Parent connects you to the same safety tool Cahokia Unit School District #187 uses for your student.

Questions about setup? Contact [School/District IT Department] · [Phone] · [Email]